



ROMPERS PRIVATE NURSERY

MENU

Summer 2021



Week 4	Morning Snack	Lunch and Pudding	Afternoon Snack
MON	Fresh Fruit or Vegetables Oatcakes with a Selection of Spreads	Tomato Soup with a Bread Roll Fromage Frais and Banana Fresh Fruit	Fresh Fruit or Vegetables Fairy Cakes
TUES	Fresh Fruit or Vegetables Rice Cakes with a Selection of Spreads	Homemade Pizza, New Potatoes and vegetable crudites Natural Yoghurt and Fruit Cocktail Fresh Fruit	Fresh Fruit or Vegetables Custard Cream Biscuits
WED	Fresh Fruit or Vegetables Toasted Crumpets and Butter	Sausage Pasta Bake with Corn on the Cob Jelly and Strawberries Fresh Fruit	Fresh Fruit or Vegetables Pitta Bread, Humous and Veg Fingers
THUR	Fresh Fruit or Vegetables Plain Bagel with Cream Cheese	Chicken Goujons, Potatoes and Sweetcorn Mini Milk Lollies Fresh Fruit	Fresh Fruit or Vegetables Ham with Cheese Twists
FRI	Fresh Fruit or Vegetables Choice of Cereal	Basket Lunch – Turkey wraps, Sausage Rolls, Chipolata Sausages, Cheddar Cheese Sticks, Vegetable Fingers and Bread Sticks Raspberry Milkshake and Shortbread Biscuit Fresh Fruit	Fresh Fruit or Vegetables Rice Crispy Tray Bake

This menu has been designed inline with NHS 'Setting the Table' guidance and Care Inspectorate 'Food Matters' document.

At snack times milk and water are offered and during lunch the children are offered fresh fruit juice & water.

Please understand that from time to time there may be small changes to the menus.

Parents must note that some of these dishes may not be suitable for dietary requirements, parents are welcome to discuss this further with a member of staff or management. Baby alternatives can be made when required.

Children under the age of 12 months will not be given honey, tinned tuna, egg whites, cows milk, shell fish or strawberries.

Low salt and sugar options/products are always used when selecting and preparing snack and meals.