



ROMPERS PRIVATE NURSERY

MENU

Summer 2021



Week 3	Morning Snack	Lunch and Pudding	Afternoon Snack
MON	Fresh Fruit or Vegetables Poppy Seed Crackers with Cream Cheese	Sausage on a Roll, Oven Baked Chips with Salad Platter Mini Milk Lollies, and Fresh Fruit.	Fresh Fruit or Vegetables Ham Wraps
TUES	Fresh Fruit or Vegetables Cream Crackers and Soft Cheese	Chicken and Vegetable Soup with Ham Sandwiches Banoffi Pie Fresh Fruit	Fresh Fruit or Vegetables Cheese Scones
WED	Fresh Fruit or Vegetables Choice of Cereals	Mince, Potatoes, Peas and Carrots Strawberry Whip with Banana Fresh Fruit	Fresh Fruit or Vegetables Oat and Cranberry Cookies
THUR	Fresh Fruit or Vegetables Toasted Fruit Bagel and a Selection of Spreads	Basket Lunch – Bread Roll, Sliced Ham, Chipolata Sausages, Cheese Sticks, Vegetable fingers, Onion and Chive Twists Melon and Strawberry Boats	Fresh Fruit or Vegetables Gingerbread Men
FRI	Fresh Fruit or Vegetables Multigrain Crackers and a Selection of Spreads	Sweet and Sour Chicken with Wholemeal Rice and Broccoli Raspberry Cheesecake Fresh Fruit	Fresh Fruit or Vegetables Crusty Bread and Chicken

This menu has been designed inline with NHS 'Setting the Table' guidance and Care Inspectorate 'Food Matters' document.

At snack times milk and water are offered and during lunch the children are offered fresh fruit juice & water.

Please understand that from time to time there may be small changes to the menus.

Parents must note that some of these dishes may not be suitable for dietary requirements, parents are welcome to discuss this further with a member of staff or management. Baby alternatives can be made when required.

Children under the age of 12 months will not be given honey, tinned tuna, egg whites, cows milk, shell fish or strawberries.

Low salt and sugar options/products are always used when selecting and preparing snack and meals.