



ROMPERS PRIVATE NURSERY

MENU

Summer 2021



Week 2	Morning Snack	Lunch and Pudding	Afternoon Snack
MON	Fresh Fruit or Vegetables Rice Cakes	Macaroni Cheese with Garlic Bread, Corn on the Cob Mixed Berry Cheesecake Fresh Fruit	Fresh Fruit or Vegetables Chicken Sandwiches
TUES	Fresh Fruit or Vegetables Oatcakes with a Selection of Spreads	Homemade Chicken Nuggets, Potatoes, Baked Beans and Mixed Vegetables Mini Custard Pots Fresh Fruit	Fresh Fruit or Vegetables Shortbread Squares
WED	Fresh Fruit or Vegetables Ritz Crackers and a Selection of Spreads	Basket Lunch – Ham Sandwiches, Cocktail Sausages, Cheese Sticks, Vegetable Fingers, Cherry Tomatoes and Breadsticks Raspberry Ripple Mousse Fresh Fruit	Fresh Fruit or Vegetables Fairy Cakes
THUR	Fresh Fruit or Vegetables Choice of Cereal	Lentil Soup with Crusty Bread Chocolate Sponge Fresh Fruit	Fresh Fruit or Vegetables Raspberry and Coconut Buns
FRI	Fresh Fruit or Vegetables Wholemeal Toast with a Selection of Spreads	Meatballs with Pasta and Tomato Sauce, Garden Peas and Carrots Ice Cream and Strawberry Coulis Fresh Fruit	Fresh Fruit or Vegetables Caramel Rice Cake

This menu has been designed inline with NHS 'Setting the Table' guidance and Care Inspectorate 'Food Matters' document.

At snack times milk and water are offered and during lunch the children are offered fresh fruit juice & water.

Please understand that from time to time there may be small changes to the menus.

Parents must note that some of these dishes may not be suitable for dietary requirements, parents are welcome to discuss this further with a member of staff or management. Baby alternatives can be made when required.

Children under the age of 12 months will not be given honey, tinned tuna, egg whites, cows milk, shell fish or strawberries.

Low salt and sugar options/products are always used when selecting and preparing snack and meals.